### M.Sc. DEGREE EXAMINATION, NOVEMBER 2022.

#### First Semester

# **Applied Psychology**

### INTRODUCTION TO PSYCHOLOGY

### (2016 onwards)

Duration: 3 Hours Maximum: 75 Marks

**Part A**  $(10 \times 2 = 20)$ 

- 1. Define Psychology.
- 2. List out any two contributions of Wilhelm Wundt.
- 3. What is absolute threshold?
- 4. Define elaborative rehearsal.
- 5. Define learning.
- 6. What is spontaneous recovery?
- 7. Define language.
- 8. What is convergent thinking?
- 9. Define nAch.
- 10. What is a drive?

**Part B**  $(5 \times 5 = 25)$ 

#### Answer all questions.

11. (a) Briefly discuss brain and behaviour.

Or

- (b) Explain the survey research method in psychology.
- 12. (a) Explain the determinants of attention.

Or

- (b) Briefly explain forgetting.
- 13. (a) Discuss the physiology of emotions.

Or

- (b) Explain individualized learning.
- 14. (a) Explain the properties of language.

Or

- (b) Discuss the pattern of language development.
- 15. (a) Explain the incentive theory of motivation.

Or

(b) Briefly explain the triarchic theory of intelligence.

**Part C**  $(3 \times 10 = 30)$ 

Answer all questions.

16. (a) Explain visual perception.

Or

(b) Explain the various models of mind.

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17. (a) Explain LTM and its storehouses.

Or

- (b) Elaborate on the different barriers to problem solving with suitable examples.
- 18. (a) Discuss operant conditioning in detail.

Or

(b) Explain the different types of motives in detail.

### M.Sc. DEGREE EXAMINATION, NOVEMBER 2022.

#### First Semester

### **Applied Psychology**

#### DEVELOPMENTAL PSYCHOLOGY

### (2016 onwards)

Duration: 3 Hours Maximum: 75 Marks

**Part A**  $(10 \times 2 = 20)$ 

- 1. Explain the concept of human development.
- 2. What does prenatal development mean?
- 3. What are different parenting styles?
- 4. What is prosocial behaviour?
- 5. Explain puberty.
- 6. What is self-concept?
- 7. What is emotional intelligence?
- 8. What is menopause?
- 9. What is euthanasia?
- 10. What does 'purpose in life' mean?

Part B  $(5 \times 5 = 25)$ 

#### Answer all questions.

11. (a) Write a note on types of childbirth.

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- (b) What are significant milestones of motor development in infancy?
- 12. (a) What are common fears faced by toddlers?

Or

- (b) How does language develop in toddlerhood?
- 13. (a) What factors influence development of self-concept?

Or

- (b) Describe an adolescent's relationship with peers.
- 14. (a) Discuss the physical changes in middle adulthood.

Or

- (b) Discuss the cognitive development of an early adult.
- 15. (a) What changes happen in psychosocial development in late adulthood?

Or

(b) What psychological issues accompany death and loss?

**Part C**  $(3 \times 10 = 30)$ 

Answer all questions.

16. (a) Elaborate on the influences of environment on prenatal development.

Or

(b) Describe Piaget's stages of cognitive development.

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17. (a) Discuss the social and emotional development of toddlers.

Or

- (b) Discuss the relationship of adolescence with family, peers and society.
- 18. (a) What changes characterize sexuality and reproductive functioning in middle age?

Or

(b) Discuss the changes that happen in cognitive functioning of older adults.

### M.Sc. DEGREE EXAMINATION, NOVEMBER 2022.

#### First Semester

### **Applied Psychology**

#### **EDUCATIONAL PSYCHOLOGY**

#### (2016 onwards)

Duration: 3 Hours Maximum: 75 Marks

**Part A**  $(10 \times 2 = 20)$ 

- 1. What do you understand by the term educational psychology?
- 2. Give the meaning of the term social constructivism.
- 3. Define Leadership.
- 4. What does active learning mean?
- 5. List techniques of conflict resolution.
- 6. Define behaviour.
- 7. Define Adjustment.
- 8. Define meta cognition.
- 9. What do you understand by the term mental health?
- 10. How can we assess student's achievement?

Part B

 $(5 \times 5 = 25)$ 

#### Answer all questions.

11. (a) Explain bandura's social learning theory.

Or

- (b) What factors affect student motivation to learn?
- 12. (a) What is the scope of educational Psychology?

Or

- (b) Comment on mental health status of Indian Children.
- 13. (a) Explain how one can identify problem behaviour of students using an example.

Or

- (b) Does student teacher interaction influence learning outcomes?
- 14. (a) What is the contribution of educational psychology to the teaching process?

Or

- (b) What are the various approaches of classroom management?
- 15. (a) What are the elements of co-operative learning?

Or

(b) Give an account of the nature and causes of conflict among students.

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#### Answer all questions.

16. (a) Explain information processing model.

Or

- (b) What study strategies help students to learn?
- 17. (a) List principles of behaviour change.

Or

- (b) Give an account of team building techniques.
- 18. (a) Give a brief overview of the contributions of various schools of thought to educational psychology.

Or

(b) Comment on the teaching learning processes in elementary education.

### M.Sc. DEGREE EXAMINATION, NOVEMBER 2022.

#### First Semester

# **Applied Psychology**

### SOCIAL PSYCHOLOGY

### (2016 onwards)

Duration: 3 Hours Maximum: 75 Marks

**Part A**  $(10 \times 2 = 20)$ 

- 1. Define social psychology.
- 2. What is positive correlation?
- 3. What are different types of group?
- 4. What is group think?
- 5. What is conformity?
- 6. What is empathy?
- 7. What are different types of aggression?
- 8. What is catharsis?
- 9. How temperature and weather act as stressors?
- 10. What is crowding?

Part B

 $(5 \times 5 = 25)$ 

### Answer all questions.

11. (a) Discuss the scope of social psychology.

Or

- (b) What is the emphasis of social psychology in the new millennium?
- 12. (a) How do groups form?

Or

- (b) What is the role of nonverbal communication in social perception?
- 13. (a) What are the factors that lead to attraction?

Or

- (b) How attitudes are formed?
- 14. (a) Enlist the environmental causes of aggression.

Or

- (b) How can aggressive behaviour be prevented and controlled?
- 15. (a) Write a note on territorial behaviour.

Or

(b) What are the negative effects of living in a noisy environment?

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#### Answer all questions.

16. (a) Describe the research methods used in social psychology.

Or

- (b) Discuss how impression is formed and managed.
- 17. (a) What are the factors that facilitate helping behaviour?

Or

- (b) Evaluate theories of aggression.
- 18. (a) Can attitudes be changed? Substantiate your answer.

Or

(b) Discuss the role of environmental factors in social behaviour.

### M.Sc. DEGREE EXAMINATION, NOVEMBER 2022.

#### First Semester

# **Applied Psychology**

#### **COMMUNITY PSYCHOLOGY**

#### (2016 onwards)

Duration: 3 Hours Maximum: 75 Marks

**Part A**  $(10 \times 2 = 20)$ 

- 1. Define Community Psychology.
- 2. What is social justice in community psychology?
- 3. Mention about under-employed challenges.
- 4. Explain stress and list out the steps to coping.
- 5. What is ESID?
- 6. What do you mean by human diversity?
- 7. Write a short note on empowering communities.
- 8. What is community coalitions?
- 9. List out the benefits of participation.
- 10. What do you mean by social change?

Part B

 $(5 \times 5 = 25)$ 

### Answer all questions.

11. (a) Write about Liberation Psychology.

Or

- (b) Explain the development and practice of community psychology.
- 12. (a) Describe communities caught up in war and its consequences.

Or

- (b) Explain disempowerment of Immigration.
- 13. (a) Mention about inequality and its effect on health.

Or

- (b) Write the importance of context for intervention.
- 14. (a) Explain ESID and its advantages.

Or

- (b) Write the ways for strengthening social support for disability groups.
- 15. (a) Mention the benefits and levels of participation.

Or

(b) Discuss the barriers to participation and methods to recovering barriers.

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#### Answer all questions.

16. (a) Discuss the community psychologies core values and its ethics.

Or

- (b) Explain about the unemployed and the under employed challenges and initiatives to empower.
- 17. (a) Describe conceptual models of ecological context.

Or

- (b) Explain the theory of community coalitions.
- 18. (a) Enumerate social action and Innovation.

Or

(b) Elucidate the elements of effective community change initiatives.

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C-2417

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### M.Sc. DEGREE EXAMINATION, NOVEMBER 2022

#### **Second Semester**

### **Applied Psychology**

#### BIOLOGICAL FOUNDATIONS OF BEHAVIOUR

#### (2016 onwards)

Duration: 3 Hours Maximum: 75 Marks

**Part A**  $(10 \times 2 = 20)$ 

- 1. What is biopsychology?
- 2. What is meant by lesion technique?.
- 3. Mention the function of neuron.
- 4. State the role of genes in behaviour.
- 5. Write the need of good natural condition for behaviour.
- 6. What are the role of cognition in behaviour formation?
- 7. What is meant by synaptic conduction?
- 8. Mention the role of aggression in Social behaviour,
- 9. Define the term variation in stress responses.
- 10. Mention the factors affecting consciousness.

Part B  $(5 \times 5 = 25)$ Answer all questions.

(a) Explain the anatomical method of studying human

11. (a) Explain the anatomical method of studying human behaviour.

Or

- (b) Enumerate the evolutionary history of biopsychology.
- 12. (a) Explain the need of conducive environment for human behaviour.

Or

- (b) Describe the structure of neuron.
- 13. (a) Explain the role of hormones aggressive behaviour.

Or

- (b) Elucidate the functions of neuron in emotions.
- 14. (a) State some psychological techniques to minimize stress.

Or

- (b) Explain the function of hippocampus in behaviour.
- 15. (a) Describe the nature of contextual fear conditioning.

Or

(b) Explain the nature and mechanism of human sleep.

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### Answer all questions.

16. (a) Explain the need of biopsychology for human behaviour.

Or

- (b) State the relation between mind and brain.
- 17. (a) Enumerate the social dimensions of behaviour.

Or

- (b) Explain the structure and function of neurons.
- 18. (a) Describe the hormonal pattern of aggressive behaviour.

Or

(b) Explain the brain mechanism of human sleep.

### M.Sc. DEGREE EXAMINATION, APRIL 2022

#### **Second Semester**

### **Applied Psychology**

#### PHYCHOPATHOLOGY - I

### (2016 onwards)

Duration: 3 Hours Maximum: 75 Marks

**Part A**  $(10 \times 2 = 20)$ 

- 1. What is meant by psychological abnormality?
- 2. Mention the causes of behaviour disorders.
- 3. List out the functions of forebrain.
- 4. What is meant by social phobia?
- 5. What is paranoia?
- 6. List out the uses of aversion therapy.
- 7. Write a note on neurotic anxiety.
- 8. What are the symptoms of catatomia?
- 9. Write a note on systematic decensitization.
- 10. What are the causes of addiction?

Part B

 $(5 \times 5 = 25)$ 

#### Answer all questions.

11. (a) Elaborate the basic concepts of psychopathology.

Or

- (b) Explain the structure and function of human brain.
- 12. (a) Elucidate the symptoms and causes of attention deficit hyperactivity disorder.

Or

- (b) State the examination techniques adopted to identify mental illness.
- 13. (a) Describe the management techniques used for anxiety disorder.

Or

- (b) Elaborate the different types of phobia.
- 14. (a) Explain the symptoms and causes of psychotic disorders.

Or

- (b) Suggest some psychological measures to overcome from addiction.
- 15. (a) Explain the psychological factors of Bipolar disorder.

Or

(b) Discuss the causes of disassociative disorder.

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#### Answer all questions.

16. (a) Differentiate normality and abnormality in terms of different kinds of psychopathology.

Or

- (b) Describe the different types of mental illness examination with reference to DSM-IV.
- 17. (a) Explain the different management techniques adopted to overcome obsessive compulsive disorders.

Or

- (b) Describe the nature, symptoms and causes of paranoid schizophrenia.
- 18. (a) Give an account of substance used disorder.

Or

(b) Describe the diagnostic features of bipolar disorder.

C-2419

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### M.Sc. DEGREE EXAMINATION, NOVEMBER 2022

#### Second Semester

# Applied Psychology

#### BEHAVIOUR MODIFICATION

#### (2016 onwards)

Duration: 3 Hours Maximum: 75 Marks

**Part A**  $(10 \times 2 = 20)$ 

- 1. Define Behaviour.
- 2. List the techniques used in behaviour modification.
- 3. What is meant by behaviour assessment?
- 4. Mention some component of social skill training.
- 5. What is behaviour chaining?
- 6. State any two principles of behaviour modification.
- 7. Write note on cognitive restructuring.
- 8. Define Reinforcement.
- 9. Mention the techniques of thought stopping.
- 10. State the need for assertion training.

**Part B**  $(5 \times 5 = 25)$ 

Answer all questions.

11. (a) Explain the history of behaviour modification.

Or

- (b) Discuss the concept token economy.
- 12. (a) Discuss the role of aversive conditioning and its application.

Or

- (b) Explain Beck's Model of behaviour modification.
- 13. (a) Analyse the salient features of human behaviuor.
  - (b) Discuss the Premack's principle.
- 14. (a) Explain the classical conditioning of J.B Watson.

Or

- (b) Briefly explain Assertive training.
- 15. (a) Discuss the need and significance of Reinforcement.

Or

(b) Discuss the role of Modern Psychology in behaviour modification.

**Part C**  $(3 \times 10 = 30)$ 

Answer all questions.

16. (a) Explain the applied behaviour analysis.

Or

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(b) Enumerate the operant conditioning theory of B.F Skinner.

17. (a) Describe the application and procedure of rational emotive behaviour therapy of Ellis.

Or

- (b) Explain Meichenbaum's self instructional training.
- 18. (a) Elucidate the role of education in behavioor modification.

Or

(b) Explain reinforcement theories of W.Guthiri.

30831

### M.Sc. DEGREE EXAMINATION, NOVEMBER 2022

#### Third Semester

### **Applied Psychology**

### INTRODUCTION TO COUNSELLING

### (2016 onwards)

Duration: 3 Hours Maximum: 75 Marks

**Part A**  $(10 \times 2 = 20)$ 

Answer all questions.

1. Define: Concept of behaviour.

2. What are Drivers of behaviour?

3. What is Advice?

4. Define: Counselling.

5. What is eclectic counselling?

- 6. What do you mean by therapeutic relationship?
- 7. Give the steps of counseling process.
- 8. What are action phases?
- 9. Give a short note on "skill of empathy"
- 10. Bring out the importance of decision making skill.

Part B

 $(5 \times 5 = 25)$ 

### Answer all questions.

11. (a) Give the assumptions about behaviour.

Or

- (b) Bring out the connection between behaviour and thoughts.
- 12. (a) Write the objectives of counseling.

Or

- (b) What are the differences between directive and non-directive counseling?
- 13. (a) Discuss the relationship of pyramid.

Or

- (b) Write about the unconditional positive regard and empathy.
- 14. (a) Elaborate the responsibilities of a counsellor.

Or

- (b) Discuss the interpretative and Evaluative and responses.
- 15. (a) Briefly discuss the attributes an effective counsellor.

Or

(b) Describe the ethics in the practice of counselling.

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### Answer all questions.

16. (a) Describe the understanding of human behaviour.

Or

- (b) Discuss the factors influencing the outcome of counselling.
- 17. (a) Explain the therapeutic relationship of counseling.

Or

- (b) Elaborate the phases of counselling process.
- 18. (a) Briefly discuss about the counselling responses.

Or

(b) Describe the basic counselling skills.

30832

### M.Sc. DEGREE EXAMINATION, NOVEMBER 2022

#### Third Semester

### **Applied Psychology**

#### PSYCHOPATHOLOGY—II

#### (2016 onwards)

Duration: 3 Hours Maximum: 75 Marks

**Part A**  $(10 \times 2 = 20)$ 

- 1. How will you diagnose the avoidant behaviour of an individual?
- 2. Mention the causes for dementia.
- 3. List out the symptoms of schizoid disorder
- 4. What is meant by Binge eating?
- 5. Write some management technique for hypersomnia.
- 6. Define claustrophobia.
- 7. List out the psychological factors of pain
- 8. What is hypo chondrias?
- 9. State the reason behind communication disorder
- 10. What are sonatisation disorder.

Part B

 $(5 \times 5 = 25)$ 

## Answer all questions.

11. (a) Elaborates the psychological factors that causes naricisstic personality disorder.

Or

- (b) Give an over view of dementia.
- 12. (a) Describe certain treatment methods for the Alzheimer's disease.

Or

- (b) Explain the characteristics of a person with hypo chondriasis.
- 13. (a) What are dysfunctions of sexual arousal?

Or

- (b) Give an account of body dysmorphic disorder.
- 14. (a) Analyse the social and personal factors that causes addiction in old age.

Or

- (b) Explain the causes and treatment strategies for sleep disorder.
- 15. (a) Describe certain exactly diagnosis methods of mental retardation.

Or

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(b) Explain the physiological aspects of disorder in cognition.

#### Answer all questions.

16. (a) Give a brief account of the biological and sociological causes of antisocial behaviour.

Or

- (b) Elaborate the epidemiology and etiology of amnestic disorder.
- 17. (a) Elaborate the causes of insomnia and hypersomnia and suggest treatment methods.

Or

- (b) Bring out the factors related to pervasive developmental disorder.
- 18. (a) Explain the role of different psychological approaches in treating mental disorder.

Or

(b) Elaborate the different types of depression affected at old age.

### M.Sc. DEGREE EXAMINATION, NOVEMBER 2022.

#### **Third Semester**

# **Applied Pyschology**

#### PSYCHOTHERAPIES – I

#### (2016 onwards)

Duration: 3 Hours Maximum: 75 Marks

**Part A**  $(10 \times 2 = 20)$ 

- 1. Define psychotherapy.
- 2. List out the issues in professional training.
- 3. Write two points on the difference of psychotherapy and counselling?
- 4. Note on catharsis.
- 5. Define psychotherapy
- 6. Write a short note on brief dynamic therapies.
- 7. Highlights of gestalt therapy.
- 8. What is group therapy?
- 9. Define systematic desensitization.
- 10. Give a note on fundamentals of CBT.

### Answer all the questions.

11. (a) What are the goals of psychotherapy?

Or

- (b) Explain the current Status of psychotherapy in India.
- 12. (a) Compare psychotherapy, counseling and social case work.

Or

- (b) Through lights on values and responsibilities of psychotherapist.
- 13. (a) Give a brief note on psychodynamic approach to psychotherapy.

Or

- (b) Explain the essence of Rogerian therapeutic techniques.
- 14. (a) Give a detailed account on Jacobson's relaxation techniques and it's benefits.

Or

- (b) Explain aversion therapy in detail.
- 15. (a) Write the concepts of cognitive behavioral therapy with explanation.

Or

(b) Discuss on Rational emotive therapy.

C-7716

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Part C

 $(3 \times 10 = 30)$ 

#### Answer all questions.

16. (a) Detailly discuss about the Nature, scope and concept of psychotherapy.

Or

- (b) Explain the importance and uses of psychotherapeutic devices in detail.
- 17. (a) Write the contribution of Neo Freudian approaches in psychotherapies.

Or

- (b) Explain the nature, concepts and utility of family therapy.
- 18. (a) Give a comparative note on classical and operant condition modeling theories frame work on behaviour therapy.

Or

(b) Explain the Meichenbaum's self-instructional training and problem solving techniques used in CBT.

### M.Sc. DEGREE EXAMINATION, NOVEMBER 2022

#### **Third Semester**

### **Applied Psychology**

#### RESEARCH METHODOLOGY IN PSYCHOLOGY

### (2016 onwards)

Duration: 3 Hours Maximum: 75 Marks

 $\mathbf{Part}\,\mathbf{A} \qquad (10 \times 2 = 20)$ 

- 1. Mention the need of research in psychology.
- 2. What are the criteria of a good research?
- 3. State the importance of research review.
- 4. What do you mean by pilot study?
- 5. What is a sampling?
- 6. List out the advantages of primary data in Psychological research.
- 7. What are parametric tests?
- 8. What is a rating scale?
- 9. Mention the steps in report writing.
- 10. State the advantages of research proposal

Part B

 $(5 \times 5 = 25)$ 

#### Answer all questions.

11. (a) Explain the scope and importance of scientific research method.

Or

- (b) Elaborate the methods of formulating a research hypotheses.
- 12. (a) Explain the nature and importance of case study in Psychology.

Or

- (b) Discuss the steps involved in sampling process.
- 13. (a) Explain the role of structured questions in survey process.

Or

- (b) Write a note on construction of attitude scale.
- 14. (a) Differentiate between qualitative and quantitative research.

Or

- (b) Discuss the importance and the process of data analysis.
- 15. (a) Explain the significance of correlation analysis in psychological research.

Or

(b) Elaborate the various steps in the research report writing.

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#### Answer all questions.

16. (a) What is a research problem? Explain the criteria for the selection of a research problem.

Or

- (b) What is the purpose of sampling? Discuss the various sampling methods.
- 17. (a) Explain the different methods of data collection.

Or

- (b) Discuss the different types of interviews adopted in psychological research.
- 18. (a) Describe the various methods of estimating reliability of an instrument.

Or

(b) Analyse the role and significance of computers in research.

### M.Sc. DEGREE EXAMINATION, APRIL 2022.

#### **Fourth Semester**

# **Applied Psychology**

#### POSITIVE PSYCHOLOGY

#### (2016 onwards)

Duration: 3 Hours Maximum: 75 Marks

**Part A**  $(10 \times 2 = 20)$ 

- 1. Define: Positive Psychology.
- 2. State the relationship between positive psychology and health psychology.
- 3. What is positive emotions?
- 4. How will you cultivate the positive emotions?
- 5. Mention the value of goal setting.
- 6. What do you mean by personal goals?
- 7. Write the sources of resilience in children.
- 8. What is Spirituality?
- 9. Give the components of positive psychology.
- 10. Define: Mental Health.

Part B

 $(5 \times 5 = 25)$ 

### Answer all questions.

11. (a) Briefly give the introduction to positive psychology.

Or

- (b) Give a note on 'Clinical Psychology'.
- 12. (a) Explain the model of Complete mental life.

Or

- (b) Briefly write about the broaden and built theory.
- 13. (a) Write the everyday explanations for self control.

Or

- (b) List out the failure problems in self-control.
- 14. (a) Differentiate the optimism from pessimism.

Or

- (b) Describe the forgiveness and gratitude.
- 15. (a) Discuss the positive coping strategies.

Or

(b) Explain about the balanced conceptualization.

**Part C**  $(3 \times 10 = 30)$ 

Answer all questions.

16. (a) Write the importance of positive psychology.

Or

(b) Discuss about the negative and positive functions in emotions.

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17. (a) Describe the emotional, social and psychological well-being.

Or

- (b) Give a brief note on 'self-control'.
- 18. (a) Explain about the Cognitive states and processes.

Or

(b) List out the applications of positive psychology.

### M.Sc. DEGREE EXAMINATION, APRIL 2022.

#### **Fourth Semester**

# **Applied Psychology**

#### ORGANIZATIONAL BEHAVIOUR

#### (2016 onwards)

Duration: 3 Hours Maximum: 75 Marks

**Part A**  $(10 \times 2 = 20)$ 

Answer all questions.

1. Define: Organisational Behaviour

- 2. Write the importance of organisational Behaviour.
- 3. What is perception?
- 4. Define: personality.
- 5. What is learning?
- 6. What do you mean by job satisfaction?
- 7. Mention the types of groups.
- 8. Write the types of Teams.
- 9. What is behavioural styles?
- 10. Write the sources of power change process.

**Part B**  $(5 \times 5 = 25)$ 

Answer all questions.

11. (a) Discuss the management roles in organisational behaviour.

Or

- (b) Describe the organisational Behaviour models.
- 12. (a) Explain the shortcuts in judging others.

Or

- (b) Elaborate the dimension of self-concept.
- 13. (a) Briefly discuss the theories of learning.

Or

- (b) List out the applications of motivation theory.
- 14. (a) Describe the models of group development.

Or

- (b) Write the models of team effectiveness.
- 15. (a) Explain the barriers to effective communication.

Or

(b) Give a note on Transformational leadership.

**Part C**  $(3 \times 10 = 30)$ 

Answer all questions.

16. (a) Describe the challenges and opportunists for organisational behaviour.

Or

(b) Discuss the contributing disciplines to the organizational behaviour.

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17. (a) Explain the traits relevant to work behaviour.

Or

- (b) Briefly discuss the theories of motivation.
- 18. (a) What are the conflict management techniques? Explain it.

Or

(b) Discuss the organizational development intervention strategies.

### M.Sc. DEGREE EXAMINATION, APRIL 2022

#### Fourth Semester

### **Applied Psychology**

#### **PSYCHOTHERAPIES - II**

### (2016 onwards)

Duration: 3 Hours Maximum: 75 Marks

# **Part A** $(10 \times 2 = 20)$

- 1. Mention the significance of group therapy.
- 2. List out the responsibilities of therapist.
- 3. What is meant by 'Alleviation of distress'?
- 4. What is assertive training?
- 5. What do you mean by cognitive restructuring?
- 6. State the uses of communication training.
- 7. Bring out the stages of couple counselling.
- 8. Explore the significance narrative psychotherapy.
- 9. What are the relevance of group work intervention?
- 10. List out certain rehabilitation method for addiction.

**Part B**  $(5 \times 5 = 25)$ 

#### Answer all questions.

11. (a) Elaborate how cultural factors affects couple therapy.

Or

- (b) Analyse the role of Emotionally focussed therapy for couples.
- 12. (a) Explain the significance of psychodynamic family therapy.

Or

- (b) Describe briefly the psychotherapy developed by David Malan.
- 13. (a) Elaborate the influence of group therapy in treating substance abuse disorders.

Or

- (b) What is narrative psychotherapy? Discuss its importance in family counselling.
- 14. (a) Narrate the psychotherapeutic principles of solution focussed therapy.

Or

- (b) Explain the principles of group theraphy.
- 15. (a) Write a note on psychoanalytic family therapy.

Or

(b) Elaborate the steps and significance of competency based approach in group therapy.

#### Answer all questions.

16. (a) Discuss the effects and implication of social constructionism in couple and family therapy.

Or

- (b) Explain the role and importance of cognitive behavioural psychotherapy in couple therapy.
- 17. (a) Explain the different methods of crisis interventions.

Or

- (b) Elaborate the significance role of classical conditioning theory in psychotherapy.
- 18. (a) Explain the various skills required for group therapist.

Or

(b) Describe the various intervention and treatment programmes in group therapy.